

SHAPE-UP

Want to build lean muscle fast without any extra calories?

\$70.00

Honeycomb Buzz 1kg / Chocolate 1kg

WHAT IS SHAPE-UP?

Each serve of 360 SHAPE-UP contains a high dose of protein with no fillers and very little fat, sugar, lactose, cholesterol or carbohydrates. Our great tasting flavours don't have the bitter taste of some proteins.

HOW DOES SHAPE-UP WORK?

The protein in 360 SHAPE-UP is exclusively Whey Protein Isolate (WPI), which is the purest form of the best quality protein available. This rich source of Amino Acid provides your body with the building blocks that are essential for muscle growth. As such, athletes and bodybuilders consider it to be one of the most valuable sports supplements.

SHAPE-UP also contains Hydrolysed WPI, which involves breaking down the proteins to make them easier to digest. This means your muscles receive their protein hit faster and recover faster.

SHAPE-UP is made using Crossflow Cold Microfiltration, which allows the retention of more anti-oxidants and other bioactive ingredients that boost immune function.

WHAT'S IN SHAPE-UP?

360 SHAPE-UP is our highest quality protein formula. Compare a single serve of 360 SHAPE-UP (34 grams of protein, 1.1 grams of fat and 2.1 grams of carbohydrates) to other mass-market brands (some of which contain just 21 grams of protein and more than 3 grams of carbohydrates). You'll quickly see the difference for yourself!

HOW DO I USE SHAPE-UP?

For best results, take half a serve before weight training to enhance muscle strength, increase endurance and decrease muscle breakdown. Immediately after your workout, take a full serve to enhance muscle recovery and boost muscle protein synthesis.



360 FUEL

