

FIRE-UP

Want to turbocharge your energy and focus for more intense workouts?

\$70.00

Arctic Berry 250g / Bubblegum Grape 250g

WHAT IS FIRE-UP?

360 FIRE-UP is one of the most effective pre-workout formulas. It contains a complex blend of stimulants that increase energy and focus to drive longer, more intense workouts, without producing a jittery high or the following low.

HOW DOES FIRE-UP WORK?

360 FIRE-UP contains a proprietary blend of stimulants – including caffeine – that activates the central nervous system to produce an increase in energy and mental alertness. This results in longer and more intense workouts, delivering better results whether your goal is weight loss, strength training or bodybuilding.

360 FIRE-UP also improves oxygen uptake while reducing the build-up of lactic acid, allowing your body to work harder for longer.

WHAT'S IN FIRE-UP?

The stimulants in 360 FIRE-UP include Betaine Hydrochloride and Arginine. Each serve also contains a similar amount of caffeine to a single espresso, which should be taken into consideration if you are a regular coffee or tea drinker. 360 FIRE-UP contains natural and intense sweeteners that give it a great taste that makes it stand apart from other products on the market.

The ingredients in 360 FIRE-UP are highly concentrated, offering 50 serves per container. This makes FIRE-UP one of the most cost effective pre-workouts being sold today.

HOW DO I USE FIRE-UP?

360 FIRE-UP is best taken between 20-30 minutes before exercise. 360 FIRE-UP does contain caffeine and it's recommended that you do not consume this product on an empty stomach.



360 FUEL